



EESA Introduction to IDPA Course

Are you interested in getting into action shooting? If so, please contact us to sign up for the next *Introduction to IDPA* course at the East Elgin Sportsmen's Association.

What is it?

This introduction level course is designed to give you a hands-on experience with the International **D**efensive **P**istol **A**ssociation (IDPA) style of sport and competition shooting. The instructors are experienced IDPA competitors and Range Safety Officers who will provide a safe and fun learning experience.

THIS COURSE INCLUDES:

- Range and IDPA Safety Rules
- How to safely participate in an IDPA match
- What equipment works best
- IDPA rules and mindset
- Techniques to develop your speed and accuracy
- Drawing from concealment from a holster
- Shooting on the move and the Use of cover
- Emergency and Tactical reloads
- Scenario/stage strategy
- o and much more

This is an introduction to IDPA course, where you will learn about safety, the rules, equipment, and expectations of shooting an IDPA match. There will be a classroom session in the morning, followed by dry fire and live fire session in the indoor range in the afternoon.

SPECIAL NOTE

Please note that this not an IPSC Black Badge course. We limit our class size to a maximum of 12 students to ensure everyone's safety and give the highest level of attention to participants.

What do I need prior to the course?

You will need the following **mandatory pre-requisites and equipment**:

Students are responsible for bringing their own handgun, ammo, magazines, gun belt and holster for this course.

PREREQUISITES

- Must be a member of EESA for at least 3 months
- You must have safely shot <u>a minimum of 500 rounds with the pistol</u> you are going to use for this course
- Valid Restricted PAL
- A positive attitude

EQUIPMENT

Firearm (Fully functional and Safe to Shoot)

- Semi-automatic 9mm handgun (no revolvers).
- 3 or more magazines.
- Belt mounted holster
 Not suitable: trigger finger-release or Serpa-style holsters, inside the waistband holsters and any cross-draw style holsters.
- Minimum of 2 magazine pouches.
- Rigid, sturdy belt (a proper gun belt is best).

Ammunition

- Minimum of 300 rounds of ammunition.
- No steel core ammunition. Copper full metal jacketed (FMJ) is acceptable.

Gear

- Shooting glasses, ball cap and hearing protection.
- Closed toe shoes that allow rapid moving and turning.
- Clothing: Concealment Shirt or Shooting Vest
- The shirt you wear under the concealment garment should be form fitting at torso and cuffs as to not snag the equipment.
 No loose collars as stray brass can get stuck down your shirt.
- Long pants, allowing easy movement.

If you require clarification on any of the above, please contact: idpa@eesa.ca

How much does it cost?

The course fee is \$125.00 and includes lunch and coffee.

How do I register?

Pre-registration and full payment are required. Please send an email indicating your interest in attending. You will receive an email response if there is room in the course. If the course is full, you will be placed on the waitlist.

How do I pay?

Please send an Electronic Money Transfer (EMT) to eesaemt@gmail.com

We look forward to seeing you at the course. Please arrive by 8:45am at the latest to ensure we start the course promptly at 9:00 am.

Still have questions?

Please send an email with your questions to: idpa@eesa.ca

